



DERBY CITY COUNCIL

# LD Times

Learning Disability Newsletter



## Carers find out more about Personalisation

On the 29 June, we held our first event for family carers to look at how Personalisation can have a positive effect on the lives of the people they care for. The event was held at the Riverside Conference Centre and generated a large amount of interest with over 100 family carers attending.

The day started with Caroline Tomlinson who is a family carer, talking about how Personal Budgets have allowed her son to live a fulfilling life that is helped by having a good 'circle of support'. We then had a presentation from Vivien Soave who is a carer for her sister. Vivien talked about how having a Personal Budget has changed her sister's life for the better because she is able to do the things that she likes to do. Jo Fitzgerald talked about how they used Personal Health Budgets to support her son to have his health needs met at home.

*Continued on page 2.*

*Inside: Big health day, Parent/Carer and LD Times feedback, Market development, New carer centre, Hate Crime and much, much more ...*

September 2011 - Issue 07

Carers were able to talk to a number of service providers at lunch and then Steps for the Future did a performance about the 'Keys to Citizenship'.

Brian Frisby closed the day and talked about how social care is changing, and how people with learning disabilities should lead ordinary lives, as Derby citizens, rather than spending their time living in 'service land'.

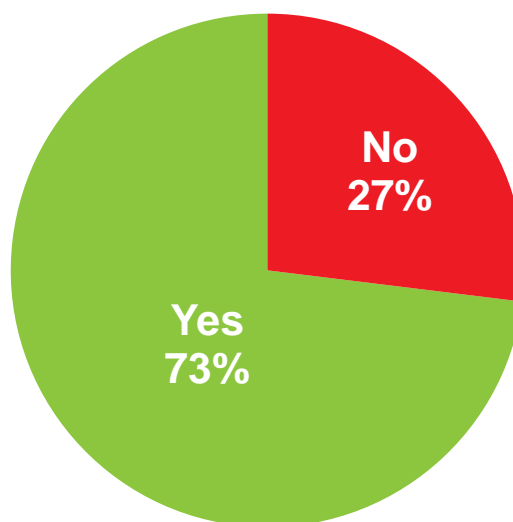
We have received lots of feedback about the event from the carers which we will try to summarise. At the start of the event, we asked the carers to take part in an electronic survey to gain an understanding of how they feel about Personalisation. Some of the key findings are summarised opposite.



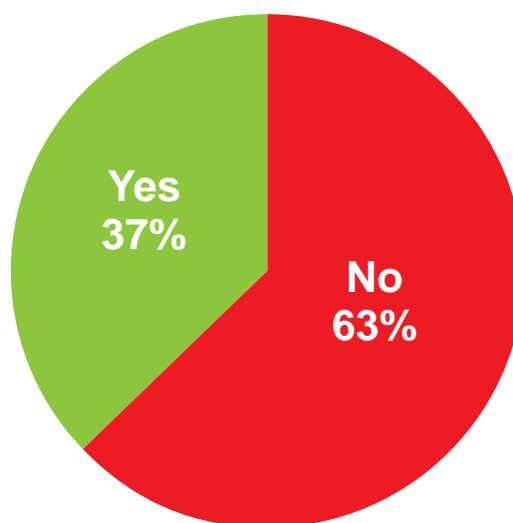
## Awareness of Personalisation

### Have you heard of Personalisation?

From 83 responses



### Do you know what Personalisation is?



Most of the Carers attending (73%) have heard of Personalisation; however, only 37% know what it is. This tells us that we need to do more to explain to carers how Personalisation works, and what it means for the people they care for.

*Continued on page 10.*

## Happy birthday LD Times!

Over the past year, we have seen many changes including the opening of Aspect, the launch of Safe Places, improved services for carers, a new Director for Adults, Health and Housing, changes to the eligibility criteria, the launch of an Emergency Planning Service and the Short Breaks Review.

Change can be difficult for some, but it can also be a positive thing, as we can see in this issue. Nav tells us about the event that we held for family carers to tell them about our vision for the future and draws some links between the carers' feedback and the themes in 'Keys to Citizenship'.

Derbyshire Carers Association has recently moved to a fantastic new office in the city centre offering a host of services. Lots of work is being done to ensure that things change for the better for people with learning disabilities in Derby, including developing the market, improving advice and advocacy services, making it easier for people to access health services, preventing hate crime and providing safe places (just to name a few!).

Derbyshire Advocacy Service tells us about an exciting new project around self advocacy for people with learning disabilities and we have an article from Graeme's mum who tells us how he is spending his Personal Budget to do the things he wants and enjoys.

We have been looking at a different Key to Citizenship in each issue and John tells us all about the third Key, which is 'money'. He tells us that money is a necessary part of having control over your life and why it is important to understand how to get and use money.

We hope you enjoy reading the seventh edition of LD Times, which is now officially one year old!

The Editor

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# Empower – the power of self advocacy!

We are writing to share with you some exciting news about a new venture for adults with learning disabilities in Derby. We are delighted to inform you that we have been successful in securing funding in order to set up a project promoting self advocacy. The self advocacy group is called 'Empower Derby'.

We wish to reach all adults with learning disabilities across Derby and will have meetings at four different locations. The groups will discuss, in a user-friendly manner, current topics such as employment, life planning, housing, health and community life. Each venue may then elect representatives who can then take any issues forward for the group.

We are in a period of rapid change which can be frightening and confusing for all. Our aim is to promote self, peer and group advocacy for adults with learning disabilities with a view to building a stronger and safer community.

In order for our project to succeed, we need everybody's help by getting involved and spreading the news. Please contact us if anyone wants more information, or has any ideas!

We will be holding meetings at Nottingham Road Fire Station (Chaddesden), The Derwent Club (Chester Green), Sunnyhill Community Centre (Sunnyhill) and at the

Manor House (Littleover). Everybody, including support workers are welcome and there will be free tea and biscuits! This is a group that belongs to the people, so come along any have your say. It's time to speak up and take control!

Become our friend on facebook at:  
[www.facebook/empowerderby](http://www.facebook/empowerderby)

Follow us on twitter at:  
[www.twitter.com/#!/empowerderby](http://www.twitter.com/#!/empowerderby)

There is also a link on the website:  
[www.derby4all.net](http://www.derby4all.net)

For all details of our plans and upcoming meetings, please telephone Derby Advocacy Service on 01332 206505 or or mobile 074 0040 4008.

**Telephone: 01332 288719**

**Email: [ambassadors.advocacy@btconnect.com](mailto:ambassadors.advocacy@btconnect.com)**



# Doing what you want to do

Graeme is a young man who has very recently moved back to Derby. When Graeme and his family came back, they discovered that the system had changed and he no longer had to depend on the old-style 'institutionalised' day care services.

Graeme's parents contacted St Paul's, and after an assessment, a support planner started to work with Graeme and his family to look at how best a Personal Budget could support Graeme to do the things he enjoys doing. A long-term goal for Graeme is to increase his social circle and to have more friends outside the family. A Personal Budget will help Graeme to achieve this with people his own age, because 'he doesn't want us, his parents, tagging along everywhere he goes'.

Graeme has 12 to 15 hours support a week and this allows him to:

- have one day a week with the adult family placement scheme ('Shared Lives')
- have a personal assistant from Oaklands Community Care supports Graeme with bowling, and swimming
- attend the Inspirative Arts personal development course
- attend a computer course where he then teaches dad what to do
- go to the Derwent Club (evening social club) where he has met up with a lot of old friends
- on Saturday afternoon, go to GO-LD at Wilson Street.

Managing a Personal Budget is easy, says Graeme's mum. "We just set up a current bank account in Graeme's and my name. We've been informed of what money has been allocated on a monthly basis and what it can be used for, the money goes in and we pay the bills as they come in.

Graeme has more freedom to choose what activities he wants to access, and will go along and look at a place or activity and decide if he wants to give it a go or not. It's no longer a case of 'this is what's on offer, take it or leave it'. The bottom line is really all about freedom of choice."

Graeme is now doing things that interest him; he is getting out into the community and learning what his community has to offer. If you are interested in having a Personal Budget, please contact us.

**St Paul's House**

**Telephone: 01332 256625**

**Fax: 01332 256698**



# Show me the money

## Why do we need money?

The book *Keys to Citizenship* is a great book for all to read. In the previous LD Times, people have written about the first and second keys to good citizenship. I believe that you can have 'self determination' (the first key) and feel in-charge and you can also have a good support plan (the second key) that gives you direction.



However, if you don't have money (the third key), you may not go very far with your plan. Money is an important key to citizenship, and without money:

- you will have to depend on the good will of others
- you will be dependent on others to arrange services for you and you will not have control over your life.

Having money is important for every citizen and money helps put your support plan into action and it also gives you the ability to achieve your full potential, so you can live your life the way that is best for you.

Having money helps to put you in control of your life. Simon Duffy, who wrote this book, said that there are two reasons why people will be interested in doing things for you.

Firstly, people will do things for you because they love and care for you. A good example of this is when your family helps you and cares for you. They do this without being paid and just want the best for you.

Secondly, there are people that will care and support the citizen because they are being paid. Having money means that you will be able to pay people to help you, so that you can live the life you have chosen.

It is important that all citizens have money and I have provided some examples how citizens can get money:

- **Self-Directed Support**

After an assessment, the Council may be able to give you money so you can do the things written in your support plan.

- **Inheriting money**

Some citizens have been given money by their families. Families should remember to carefully consider how this money is shared. They may need to talk to a solicitor.

- **Receiving benefits**

You can get money from benefit payments that will help you.

- **By having a job**

Some citizens get a job and are supported to work. Derby City Council has a supported employment scheme called 'I Want To Work' where someone can help you find a job.

When you get your money, be careful how you spend it. The list below gives you some examples on what things you might need to pay for with your money



**Money for:**

- Housing, furniture, television, fridge and cooker
- Electricity and gas bills
- Food

- Transport
- Activities
- Support (wages for your support workers)
- Staff expenses (membership fees/ entrance fees to an activity)

It is important that the individual manages their money well so that they continue to stay in control. The next issue of LD Times will feature an article on the fourth key to citizenship which is all about having a home.

John Dhamrait



**John Dhamrait**

*Service Manager for Learning Disabilities*

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# New Centre for Carers in Derby

Derbyshire Carers Association has opened up a new office in the city centre.

It's based at 17 Babington Lane (DE1 1TA) and has been designed to meet the needs of all in Derby, and other carers who are just passing and need our support.

The new centre means that all carers can attend our daily sessions, use our computers or speak to one of our highly-trained Area Coordinators in confidence.

Or Carers can pop in if they need support or information or just to have a chat. We will always be there for you.

Part of our service will include information workshops where professionals will give presentations on subjects such as welfare and benefits, arts and crafts, diet and nutrition and more.

Everyone is welcome, all you need to do is pop in, phone or request our newsletter to see all our future events advertised.

The centre's opening times are 9am to 3pm, Monday to Friday.

For more information, please contact one of our members of staff on 01332 200002 who will be more than happy to help with any enquiries you may have.

**Telephone: 01332 200002**

**Email: [derby@derbyshirecarers.co.uk](mailto:derby@derbyshirecarers.co.uk)**

**Fax: 01332 294530**

**Web: [www.derbyshirecarers.co.uk](http://www.derbyshirecarers.co.uk)**

Some upcoming events at the city centre office ...

23 September	Big Pamper Day
28 September	Support Group
30 September	Make-up Sessions
6 October	Coffee Morning
7 October	Gents Therapy Day
8 October	Jewellery Making



## Carers as Ambassadors

'Carers as Ambassadors' is a new project operating in the city. We currently have nine wonderful volunteer Carer Ambassadors in post, but more are certainly welcome! Carer Ambassadors attend local meetings within the city and talk to other carers, giving out information and listening to the experiences of both the carer and cared for, and to any ideas they may have for improvements.

They then take any suggestions for improvements to key statutory meetings to help shape and improve future carer and cared-for services. Ambassadors meet once every month and have guest speakers. You don't need any specific skills or qualifications to become an Ambassador, just experience of caring within the last two years and a passion to

improve the lives of carers. Perhaps you enjoy speaking to other carers in a small group setting, or attending events and handing out information occasionally, or maybe you enjoy campaigning and giving presentations at statutory meetings? Whatever your interest, we have a role for you! You will be fully supported.

If you would like to find out more about the 'Carer as Ambassadors' project, or have any suggestions for improvements of carer services, please contact us.

**Louise Green**

*Project Officer for Derbyshire Carers Association*

**Telephone: 01773 743355**

## Asian women carers group

A new social group for female Asian carers and people with learning disabilities has started at Pear Tree Library. It has been set up to help female Asian carers meet other carers and as a way of sharing information for those who do not speak English as their first language.

We have invited workers from the NHS to come and give us information about Annual Health Checks and how they should be carried out. A worker from Derbyshire Advocacy Service has been involved to see what help and support customers and carers need. We have been looking at what issues and barriers carers and customers are facing and

how we can help resolve them. We have also been sharing and explaining how Personalisation will give customers more control and choice. Discussions and activities are decided by the members of the group.

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*BME Support Worker*

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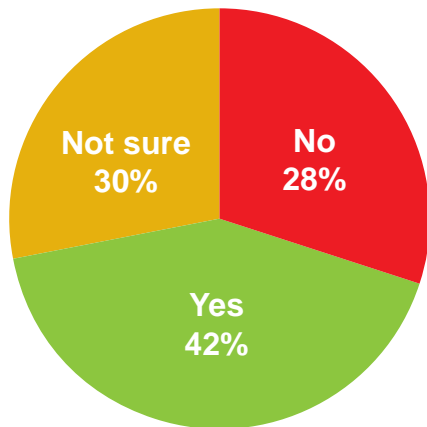
## Community Life

Having a life which involves playing an active part in the community is one of the 'keys to citizenship'. 47% of the carers felt that it is 'very or fairly important' that the person they care for plays an active role in their community.

## The Future

Would you like the person you care for to move into their own home one day?

81 responses



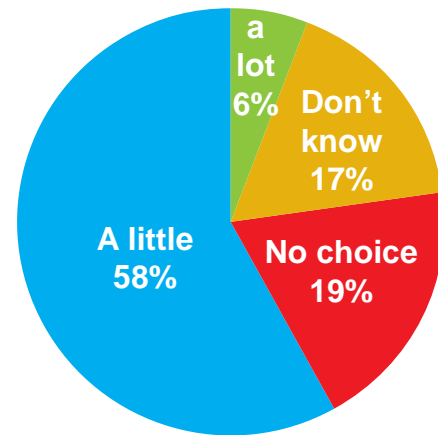
A large proportion (42%) of the carers want the person they care for to move into their own home, and just under a third (30%) were not sure. This demonstrates how important it is to help people understand and plan for their housing and support needs in the future.

The article in Issue 2 about housing looked at this issue in more depth as does the fourth key to citizenship which is all about the importance of having a home of your own.

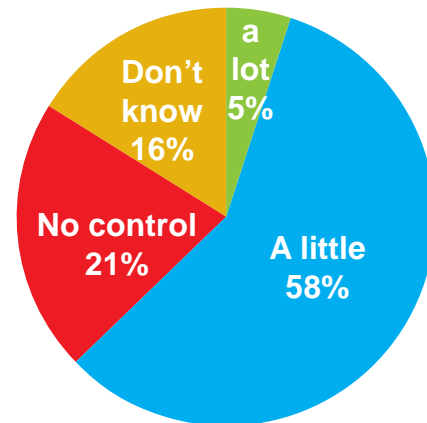
## Areas we need to improve

How much choice do people with learning disabilities have in relation to how they live their lives?

85 responses



How much control do people with learning disabilities in Derby have over their lives?



Only 6% of the carers felt that people with learning disabilities had 'a lot of choice' in how they live their lives and only 5% felt that they had 'a lot of control'. One of the key aims of Personalisation is to ensure that our customers have more choice and control in how they live their life. Having a Personal Budget is the key to ensuring that people are able to have choice and control as they can decide how the money allocated to meet their needs is spent.



**Will all people needing any kind of support be given a Personal Budget or only those with high needs?**

Only those individuals who have 'substantial' or 'critical' needs qualify for a Personal Budget. The Fair Access to Care (FACS) assessment decides what level of need an individual has.

**Are these proposals a way of cutting services and making people pay for them?**

The concept of Personalisation and Personal Budgets has been around since the previous government, and a long time before the 'austerity measures' were rolled out.

**Who makes the decision about the amount allocated for a Personal Budget?**

During the last six months, work has been done on the Resource Allocation System (RAS) and a new version was launched on 31 May. The RAS looks at the money that is available to provide support to everyone with social care needs and tries to look at what the Council might reasonably spend. The RAS is used to ensure a greater consistency in providing resources.

The RAS is a questionnaire that looks at an individual's needs and provides an indication of what money the Council might reasonably spend.

Once a care manager has completed a RAS questionnaire, they should be able to tell people what their 'indicative budget' will be.

**There is no manual on how to live with a person with a learning disability. The first thing Derby City Council should be doing is publishing the range of services available.**

Lynn Johnston, from our Personalisation Team, is currently working on putting together a directory of all of the services that are available to people in Derby. This should help people to make informed choices about how to spend their Personal Budgets to meet their assessed needs.

As more people begin to use Personal Budgets, we hope to run another carers event in the future where we can update them on the progress being made.

If you would like to see more of the feedback from the carers event, please go to: [www.derby4all.net](http://www.derby4all.net)

**Nav Rai**

*Strategic Commissioning Officer*

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## Information and Advice

Given the changes underway in adult social care we are conscious of the need to provide our customers, carers, staff and partners with information, advice and advocacy. We aim to:

- raise awareness of how the changes will affect everyone
- enable our customers to access information and advice; whether or not they qualify for funding.

The 'Information, Advice and Advocacy Project' began in April and aims to make information available to everyone and to improve advice and advocacy across the city.

Over the coming year, we will be working with other organisations and our customers in Derby to get a clearer picture about who provides what kind of information, advice and advocacy.

We intend to improve information and advice and advocacy as follows:

- Provide Internet-based information and advice, (that will form the foundation for all other information and advice provided) which is current and easy to use
- Create a directory of who does what, for which groups, where, when and how much

- Create alternative channels to get to the Council web-based information and advice, including support from existing social care staff and through community-based help
- Ensure better coordination of organisations who provide information, advice and advocacy.

To create a new directory, we will be contacting those of you who run groups or organisations that provide activities and support to members of your community.

If you can provide us with information (name of organisation, telephone and email) about your group to appear in the new directory, we would be very happy to hear from you.



**Lynn Johnston**

*Project Manager - Information Advice and Advocacy, Personalisation Team*

**Telephone: 01332 641744**

**Email: [lynn.johnston@derby.gov.uk](mailto:lynn.johnston@derby.gov.uk)**

## LD market development

As part of the changes in adult social care and during the roll-out of Personal Budgets, we are working with a range of providers who support people with learning disabilities. We are trying to ensure that providers can offer more

choice, good quality and flexible support for people in Derby. As part of this work, we are launching a Provider Development Programme to support providers to develop their businesses and work with their staff. This aims to make sure people

have control over how they want to live and what they want to do using their Personal Budget. We want to involve local groups and people as much as possible in this programme. If you want to know more, please let us know.

**Jenny Pitts**

*Director - Ambrey Associates*

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**Suzanne Whitchurch**

*Market Development Manager*

**Telephone: 01332 641745**

**Email: [marketdevelopment@derby.gov.uk](mailto:marketdevelopment@derby.gov.uk)**

Suzanne Whitchurch



## A message from our Cabinet Member

Hello! My name is Councillor Ruth Skelton. At the end of May 2011, I became the new, Council Cabinet Member for Adult Social Care and Health. For the previous year, Councillor Roy Webb was the Cabinet Member, and I would like to thank him for the good work he has done.

This is my second time as Cabinet Member for Adult Social Care and Health. I did the job for two years before Roy Webb. Coming back after a year's gap, I have noticed a number of positive changes. Recently, I attended part of the Big Health Day. It was good to see how the NHS has been making changes to help people with learning disabilities get easier access to health services. I also went to the Learning Disability Partnership Board in July, where I saw many positive

changes. Over the coming year, I hope to meet many of you, and to listen to your views and ideas.

**Ruth Skelton**

*Cabinet Member for Adult Social Care and Health*

**Telephone: 01332 643633**

**Email: [ruth.skelton@derby.gov.uk](mailto:ruth.skelton@derby.gov.uk)**

Ruth Skelton



# Remap

Remap is a very special charity, working through a nationwide network of dedicated volunteers.



These inspiring people use their ingenuity and skills to help people with disabilities to achieve much-desired independence in some aspect of their lives, or to enjoy leisure opportunities previously closed to them.

Remap's unique pieces of special equipment are tailor-made by volunteer experts and given free to the people who need them.

As well as being inventive and skilful, they also care about people in their local communities who have disabilities and focus on those for whom mainstream services have not been able to provide equipment to meet their needs.

Remap recently built a custom table for Wendy Padley's (one of your Ambassadors) wheelchair which has greatly improved her quality of life. A Remap project can start from a number of sources. In general these are:

## 1. Self Referral by a Client

A client approaches a Panel directly for a solution to a problem.

## 2. Request from a Health Professional

A health professional approaches the Panel for assistance.

## 3. Request from a relative or friend

A friend or relative of the client approaches the Panel directly.

### Local Contacts - Derby, Burton and District Panel

If you think Remap could help you or you would like any more information, please contact one of the following:

#### Chairman

Maurice Elliot 01332 552788

#### Secretary

Mike Banks 01335 361412

#### Treasurer

Peter Chandler 01283 791832

[www.remap.org.uk](http://www.remap.org.uk)



# Westfield Centre staff receive Hate Crime training

We are pleased to let you know that the Safe Places scheme has now been launched in Derby. The Westfield Shopping Centre became the first Safe Place in Derby and we are now signing up new places to join the scheme. The scheme was launched by the Deputy Mayor Frank Leeming at Westfield during LD week and was well attended.

Over 70 Westfield staff members (security, concierge staff, cleaners, receptionists and managers) received training which looked at how Hate Crime affects people with learning disabilities, and to know what to do if they should see this happening.



The feedback from the staff has been excellent ...

*For me it highlighted an area that's been ignored for too long. It saddens me that it has caused so many needless deaths.*

*Sad but relevant to everyone who deals with people in general.*

*Real eye opener, changed my views on the situation.*

*Didn't realise it was such a big thing.*

*Thought provoking and raised awareness.*

*Helped me learn more about disability hate crime that goes on.*

*Very interesting subject, relevant to the job we do.*

It is really important that people with learning disabilities feel safe when they are in the community so, if you or someone you know would like a Keep Safe card, please get in touch.

**Nav Rai**

*Strategic Commissioning Officer*

**Telephone: 01332 642748**

**Email: [nav.rai@derby.gov.uk](mailto:nav.rai@derby.gov.uk)**

# Big Health Day

The Learning Disabilities Big Health Day was held on Wednesday 20 July at the Riverside Centre, Pride Park. Lots of people with a learning disability, carers, NHS, social care staff and local organisations came along to tell us what they think of care and health services in Derby. The event was organised by NHS Derby City and Derbyshire Healthcare Foundation NHS Trust and is the third Big Health Day to take place in Derby.

The aim of the event was to bring people together to share their experiences about health care in Derby and ideas on how we can make services better. On the day, people listened to presentations on the three Top Targets that the NHS wants to get better at. Then in small groups, people talked about each target and voted on how they think Derby is doing. The targets were:

## **Making sure that a plan is in place to make healthcare better for people with 'complex needs'.**



People felt that we were doing OK, but more work needs to be done.

## **Supporting young people and families through transition from children's services to adulthood.**



This was a close vote and five out of nine groups voted a red face, which means they are not happy with the progress being made in this area.

## **Helping more people with a learning disability to get an Annual Health Check.**



People felt that we are doing OK with a big improvement on last year, but still more work to do.

As well as the voting, there were a number of fun activities including chair exercises, a raffle, Jabadao and a Smoothie bike. There were also interesting health and well-being stands with lots of information. The feedback from the day was really good, lots of people said they enjoyed it. The information we collected on the day will be put together and looked at in detail over the next few weeks, before it is sent to bosses in August 2011.

### **Jackie Lawley**

*Health Commissioner  
for Learning Disabilities*

**Telephone: 01332 224000**

**Email: [jackie.lawley@derbycitypct.nhs.uk](mailto:jackie.lawley@derbycitypct.nhs.uk)**



# Learning Disability Partnership Board

In July, the Learning Disability Partnership Board meeting looked at relationships. George O'Neil from Derbyshire came to talk in the morning about how friendships and relationships are very important.

We worked in groups and asked what stops us having friends. People said things like 'not being able to invite friends home', 'not being allowed to go out', 'having nobody to go out with', 'support staff', 'not being able to meet new people' and 'no money'.

There is a lot of work to do to support people to make strong, positive friendships. In the afternoon the Partnership Board put together an action plan. A relationship sub-group will now look at how we can make opportunities for people to meet. We also talked about using the internet for people to keep in touch with friends.

In the afternoon, we also heard from Dawn Repton about the Short Breaks review, about the Partnership Board annual assessment - this is where we say how many people have their own home, jobs, health action plans and much more. We also looked at the terms of reference, the rules of the board, and agreed to update them. The Ambassadors spoke about what they have been doing.

Wendy has been visiting care homes and asking people what it is like living there. Esther introduced the Big Health Day and is attending all health meetings now she is better and working her full hours again. Debra has been visiting all the bases doing customer forums called 'It's my life'. Debra has also been supporting

the Safe Places project.

Adam is doing the relationship training. An event was held at Wetherby and over 80 people came. The Ambassadors will be starting the next customer forums 'Healthy Mind, Healthy Body' in September.

Please keep checking the website [www.derby4all.net](http://www.derby4all.net) for all the latest information and please contact me if you want to become involved in any of the meetings.

**Dean Davis**

*Partnership Board Coordinator*

**Telephone: 01332 642749**

**Email: [dean.davis@derby.gov.uk](mailto:dean.davis@derby.gov.uk)**



## LD Times Survey

In the last edition, we asked you to tell us what you think about LD Times, whether you thought it was any good and if you would like to see any changes.



We have had a good number of responses and some very positive feedback. Many people think LD Times is a good thing and clearly want to see it continue.

The main people that we always want to talk to are people with a learning disability and parents/carers. We are pleased to see that there are a number of people with a learning disability who find LD Times useful.

We found that people read LD Times regularly, find it easy to read and find the articles useful. People felt that LD Times covers the needs of people with learning disabilities and most felt that the articles were the right length.

When we asked what pages or articles people find most useful the Diary page came top, followed by the Partnership Board, Health articles, letters page, Keys to Citizenship and Housing.

We also asked people what they liked about the LD Times. Here are some of the comments:

*I think it is a great way to tell people what is happening. We should have had this years ago. Please don't stop it. It is one of the few good things happening at the moment.*

*Being aware of what is going on, which we can access.*

*It keeps carers and people with learning disabilities (but also staff) up to date with what is going on in Derby and covers the topics that people care about. The Diary is also really handy!*

*Colourful and well designed.*

*Topics are relevant and keeps people up to date.*

*Good opportunity to promote people's schemes.*

*It looks impressive and professional.*

When we asked people what they would like to change or how we could improve LD Times, many people said more photographs and symbols.

# We asked - and you told us!

People also said things like:

*More articles about existing, Council - run services, demonstrating how they are modernising and showing what they are doing.*

*DerbyHall does not include the brochure at the time of release.*

*Feedback from readers should be published. Real-life stories from the carers should be published.*

*Be more specific about the reasons for change. These changes are financially motivated and not always in the interests of individual needs of people requiring care and carers.*

*Less about Council-related LD matters, and more about what's going on in the voluntary and private sector.*

*What about a jobs page? More pictures and use of symbols. The editorial makes no sense. It just tells you what the contents are.*

Several people said that they want more articles about real-life stories, people with a learning disability writing articles and more from parents and carers.

People also want to know what other people are doing with their Personal Budgets and real examples of how people are being supported, which we are now beginning to do as we get more stories.

LD Times has had a good look at the feedback and we shall definitely be looking at including more articles from people with a learning disability and how people are being supported through their Personal Budgets.

May we thank all the people who sent back their forms; it was great to hear your views and this will help us to continue improving. Please keep on sending us your comments, letters and any ideas for articles, and if you're feeling creative why not try writing an article for us!



# Diary dates ...

SEPTEMBER 2011						
SUN	MON	TUES	WED	THURS	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## September 2011

3 Saturday	Dr Who convention at QUAD	01332 290606	13 Tuesday	Carers Forum at Wilson Street	01332 642744
3 Saturday - late October	Derby Cathedral Tower Climb	01332 341201	14 Wednesday - 17 Saturday	Historic Dance Week - Sudbury Hall	01283 585305
	Panther Sports Club	07812 300193	15 Thursday	Digital Switchover Event at Riverside	01332 206505
	GO-LD Drop-in	01332 295903	16 Friday - 30 Sunday	The Big Wheel at The Market Place	01332 255800
4 Sunday	Darley Park Concert	01332 255800	16 Friday	The Hungry Caterpillar	01332 255800
5 Monday	First Movement at Déda	01629 734848	17 Saturday	Winchester Club Disco - pyjama party	01332 702009
	Dimensions Disco at The Venue	0845 1601881	23 Friday - 24 Saturday	Derby Festé	01332 255802
6 Tuesday	Personal Development (Inspirative Arts)	07871 005490	24 Saturday	Derby County v Millwall	0871 4721884
	Tuesday Club - Lady of Lourdes	01332 513165	24 Saturday - 25 Sunday	Celebration of Food at Kedleston Hall	01332 842191
7 Wednesday	Steps for the Future - Drama	07760 425195	25 Sunday	Derbyshire Day at Sudbury Hall	01283 585337
8 Thursday	Cars 2 at QUAD (special screening)	01332 290606	30 Friday	Inspirative Arts taster	07871 005490
	England v Wales legends at Pride Park	0871 4721884	27 Tuesday	Derby County v Barnsley	0871 4721884
9 Friday and 10 Saturday	Derbyshire Beer Festival	01332 255800	28 Wednesday	Learning Disability Partnership Board	01332 642749
10 Saturday	Panther Sports Club	07812 300193	29 Thursday	Coffee morning at Wilson Street	07812 300193
	GO-LD Drop-in	01332 295903	30 Friday	Wilson Street Disco	07812 300193
9 Friday	Creative Movement at Déda	01332 370911			
	Wetherby Disco - movie musicals	01332 642270			

## October 2011

3 Monday	Dimensions Disco at The Venue	0845 1601881
	Coffee morning at Derbyshire Carers	01332 200002

*If you would like your event to be listed, please contact us on 01332 642749 or 642748. And do please let us know what you think of the LD Times.*

**We can give you this information in any other way, style or language that will help you access it. Please contact us on 01332 642749**

**Typetalk 18001 01332 642749 Fax 01332 716890**

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