

Derbyshire Sport



making sport a part of everyones life



Derbyshire Disability Sport E-Newsletter Issue Twelve

## Welcome to the 12th edition of the Derbyshire Disability Sport e-newsletter

Welcome to the 12th edition of the Derbyshire Disability Sport e-newsletter, which gives a round-up of what is currently happening within the county as well as sharing information and good practice and celebrating the successes within disability sport.

This edition is split into the following sections:

- District news
- School sport
- County news
- National news
- In profile
- Events
- Funding opportunities
- Clubs
- Inclusive Fitness Initiative
- Useful contacts

The next edition is planned for March 2012, and future articles are welcomed.



### District news

#### Amber Valley

##### *Belper Town FC launch Disability Football Programme*

Belper Town Football Club has launched a Disability Football Programme. Sessions are held at Belper Leisure Centre and are open to boys and girls aged from 6 to 16. [Read more](#)

##### *Wheelchair racer among winners at Amber Valley Active Sports Awards*

Cameron McLean was among the winners at the Amber Valley Active Sports Awards.

Wheelchair racer Cameron was named the Junior Disabled Sportsman of the Year.

Cameron, who is in the cerebral palsy classification group T33, competed at the Virgin London Mini Marathon in April, and won a silver medal in the 100m at the Nationwide Disability Sports Championships in July.

#### Bolsover

##### *Awards for Jarod and Jon*

Shirebrook football player Jarod Collier and wheelchair basketball player Jon Hall, from Clowne, were among the winners at the Bolsover District Annual Sports Awards. Jarod received the Junior Disabled

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Sportsperson of the Year award, sponsored by ECS Engineering Services Limited, while Jon was awarded the prize for the Disabled Sportsperson of the Year, sponsored by Elese Fitness Centre. [Read more](#)

## **Chesterfield and North East Derbyshire**

### *Chesterfield Swimming Club becomes an Inclusive Development club*

Chesterfield Swimming Club has been working with the Amateur Swimming Association and has recently become an Inclusive Development club. The club is keen to attract more swimmers with a disability. For more information visit [www.chesterfieldsc.co.uk](http://www.chesterfieldsc.co.uk)

## **Derby**

### *Rising Derby County FC star visits Ability Counts disability football session*

Rising Derby County FC star Mark O'Brien has paid a visit to Derby County in the Community's Ability Counts disability football session. First team player Mark gave up his time to come down and meet the young players, sharing his experiences and joining in the fun. Players had the opportunity to learn from one of their football heroes and show off their skills. Mark also took part in a penalty shootout activity with the players, staying to take photos and sign autographs. [Read more](#)

### *Disability swimmer and footballer among winners at Derby Sports Awards*

Disability swimmer Sophie Longhurst and footballer Dean Morley were among the winners at the Derby Sports Awards, receiving the Junior Disabled Sportsperson of the Year and Disabled Sportsperson of the Year awards respectively.

Dean is a member of the East Midlands Regional Elite Cerebral Palsy Football Squad and represented the region at five events in the FA's national CP football structure in his first full season.

Sophie competed at the National DSE Swimming Championships, swimming six events and achieving five personal bests, two silver medals and a bronze. [Read more](#)

### *GB Paralympian marks International Paralympic Day*

GB Paralympian and 2012 hopeful Leon Taylor visited Cherry Tree Hill Primary School in Chaddesden to share his experiences and give a blind football demonstration to mark International Paralympic Day on September 8.

Leon, who has been involved with the England Cerebral Palsy Team for eight years and competed at the Beijing Paralympics, spoke at two assemblies, for Key Stage 1 and Key Stage 2 pupils.

He talked about living with a disability and being involved in sport, and also shared his experiences of competing in Beijing and looked ahead to the London 2012 Paralympics, at which he hopes to compete.

Leon also gave a blind football demonstration with some of the Year 3 pupils.

## **Derbyshire Dales**

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Derbyshire Dales Disability Sports Group secures £1,200 from Derbyshire Disability Action Network

Derbyshire Dales Disability Sports Group, with support from Derbyshire Sport, has successfully secured £1,200 from the Derbyshire Disability Action Network towards developing a new disability sport newsletter for the Derbyshire Dales and delivering a Sport for Disabled People training course.

The newsletter will be issued between two and three times per year and will contain information on what's happening in the Dales within disability sport, including details on where to find inclusive sports clubs, how to access training opportunities and upcoming events.

The Sport for Disabled People training will be delivered in the new year and will provide up to 24 people with basic skills to be able to deliver more and better sports opportunities to disabled people across the district.

Derbyshire Dales District Council awarded £60,000 to increase sport and play opportunities in parks

Derbyshire Dales District Council has been awarded £60,000 funding from Derbyshire County Council's Aiming High to increase the sport and play opportunities available in three local parks.

The funding will go towards installing inclusive roundabouts for children, concrete table tennis tables that are free to use and orienteering courses that families, schools, community groups and the local orienteering club can use. It is hoped that work on these exciting opportunities will be complete by the end of February 2012.

New orienteering leaders trained to help get disabled people more active

Derbyshire Dales Disability Sports Group teamed up with British Orienteering and Derwent Valley Orienteering Club to provide a Teaching Orienteering Training Course at the Whitworth Centre, Darley Dale on December 8.

The course will develop more than 15 qualified orienteering leaders within the district, helping care workers and school and community group leaders to use the new orienteering courses in parks as a way to get the disabled people they work with more active.

Get involved

Derbyshire Dales Disability Sports Group is the hub for developing fantastic opportunities for disabled people and is always on the look out for new groups, organisations and individuals from within the district to get involved. For more information please contact Rob Wilks, Sports Development Officer, on 01629 761381 or [rob.wilks@derbyshiredales.gov.uk](mailto:rob.wilks@derbyshiredales.gov.uk)

**Erewash**

Robert Abraham and Long Eaton Judo Club honoured at Erewash Sports Awards

Robert Abraham and Long Eaton Judo Club were among those to be honoured at the Erewash Sports Awards.

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Long Eaton Judo Club was named the Inclusive Club of the Year. The club, which has successfully renewed its Clubmark status, is regularly involved in a wide range of community events and has launched a visually impaired section.

Robert was named Junior Disabled Sportsperson of the Year in recognition of his achievements in swimming and athletics. 15-year-old Robert, of Breadsall Village, was runner-up in his category in the National 2011 Postal Swim and also achieved various medals at regional swimming championships over the last year. He is a member of the regional 400m relay squad and is ranked 5th in the country at shot put and 7th for discus.

Robert went on to be named runner-up in the Origination Junior Disabled Sportsperson of the Year category at the Derbyshire Sports Awards.

#### *Erewash Valley Gymnastics Club develops inclusive section*

Erewash Valley Gymnastics Club has been working with the Erewash Disability Sport Group and has now developed an inclusive section to the club. If you would be interested or know of somebody who may be interested in attending the sessions, please contact James Cook at [james.cook@derbyshire.gov.uk](mailto:james.cook@derbyshire.gov.uk) for more information.

### **High Peak**

#### *Disabled athletes among winners at High Peak Community Sports Network Sports Awards*

Winners of the High Peak Community Sports Network Sports Awards included swimmers Ellie Bamber and Alan Bamber, wheelchair basketball player Maddie Thompson, High Peak Trampoline and Rebound Therapy Club and young leader Allan Jones.

Maddie and Alan were joint winners of the Disabled Sportsperson of the Year award, Ellie was named Junior Disabled Sportsperson of the Year, Allan was named Young Leader / Young Coach of the Year and High Peak Trampoline and Rebound Therapy Club was named Club of the Year.

Maddie was part of the Great Britain Women's team which won gold at the Paralympic World Cup in May, while Alan won gold in the British Long Distance Postal Swim. Ellie won two gold medals and two silver at the DSE Open Nationals.

High Peak Trampoline and Rebound Therapy Club offers disability sessions and rebound therapy, and Allan runs a boccia club at his school.

Maddie and Ellie went on to win the University of Derby Disabled Sportsperson of the Year and Origination Junior Disabled Sportsperson of the Year awards respectively at the Derbyshire Sports Awards. [Read more](#)

### **South Derbyshire**

#### *Matthew Dalley and Darren Greenfield recognised at South Derbyshire Sports Awards*

Matthew Dalley was among those to be recognised at this year's South Derbyshire Sports Awards.

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Matthew, of Willington, was presented with the Junior Disabled Sportsperson Award for the fourth year in a row following his success in a number of British para dressage competitions. He has also taken part in a number of local able-bodied show jumping and cross-country competitions.

Darren Greenfield, from Woodville, won the Disabled Sportsperson Award for his outstanding success in Wheelchair Basketball. Darren plays for Sheffield Steelers and his team qualified for European League Cup in Vienna in March 2011 and went on to finish in second place. He has also been named in the reserve team for Great Britain Wheelchair Basketball for Paralympics 2012 and made the International League Great British team for top 24 players in the country. [Read more](#)

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## School sport

### **Pupils enjoy tennis, cross country, basketball and football as part of Competition Plus Programme**

Four events have taken place through the Competition Plus Programme so far this academic year.

A total of 47 young people from schools across Derbyshire took part in the Tennis Plus event, which was hosted at Chesterfield Lawn Tennis Club and delivered by qualified coaches from the club. The event was also supported by leaders from Chesterfield College.



45 participants also took part in Cross County Plus, enjoying a speed, agility and quickness session before competing in cross country races.

The event was held at Charles Hill Leisure Centre and was delivered by Derby County in the Community coaches and supported by Amber Valley Borough Council.

Basketball Plus was held at Alfreton Leisure Centre, with coaches from Derby Trailblazers delivering skill sessions in the morning and a tournament in the afternoon for more than 80 young people. The event was supported by leaders from Derby College, and each of the participants received tickets for a forthcoming Derby Trailblazers home game where they will be presented with a certificate at half time.

More than 170 disabled children from 16 schools across the county took part in a Football Plus event on November 3 to mark 300 days to go to the Paralympics.

The event was held at Power league in Derby, with Derby County coaching staff leading a coaching session in the morning, followed by the opportunity to take part in competitive games of six-a-side football.

The event was attended by Paralympic footballer Leon Taylor, and each participant received information about local football clubs to encourage them to continue playing and enjoying football.

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## County news

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## **Derbyshire wheelchair basketball player among winners at BBC East Midlands Sports Awards**

Derbyshire wheelchair basketball player Maddie Thompson was among the winners at this year's BBC East Midlands Sports Awards, supported by Loughborough University.

Maddie picked up the Junior Disabled Sportsperson of the Year award. She was a member of the senior Great Britain Women's wheelchair basketball team which won gold at the Paralympic World Cup and bronze at the European Championships. [Read more](#)



## **Disabled athletes among winners at Derbyshire Sports Awards**

Great Britain wheelchair basketball player Maddie Thompson and Ellie Bamber, from High Peak Sharks Swimming Club, were among the winners at this year's Derbyshire Sports Awards, sponsored by the University of Derby.

Maddie, who was part of the Great Britain Women's team which won gold at the Paralympic World Cup in May, was named the University of Derby Disabled Sportsperson of the Year.

Meanwhile Ellie, from New Mills, was named the Origination Junior Disabled Sportsperson of the Year.

Earlier this year Ellie won gold in the British Long Distance Postal Swim, and she also won two gold medals and two silver at the DSE Open Nationals.

Results of this year's Derbyshire Sports Awards were announced at The Roundhouse in Derby, which was attended by 300 people. [Read more](#)

## **Derbyshire Disability Player Development Centre up and running**

The Derbyshire Disability Player Development Centre is now up and running, with regular training sessions being held at the University Of Derby.

The centre currently has 13 players from the following impairment groups: learning disability, cerebral palsy, deaf and partially sighted.

The Player Development Centre is supported by Derbyshire FA and delivered by Derby County in the Community, and provides players aged 12 to 16 with the opportunity to represent their county. [Read more](#)

## **Derby Wheelblazers encourages people to take part in funding consultation**

Derby Wheelblazers are encouraging people to take part in Derby City Council's Consultation on Currently Funded Voluntary Sector Organisations.

Derby City Council is consulting on future long-term funding for a number of local voluntary sector organisations, including Derby Wheelblazers.

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The wheelchair basketball club, which offers a range of activities from basic basketball and confidence skills through to playing in the national league, currently receives an annual grant of £4,000 from Derby City Council to help cover the cost of hall hire.

Before making a final decision on future long-term funding the council is gathering comments from service users, the public and stakeholders on the services provided by the organisations.

For more information and to take part in the consultation go to <http://www.derby.gov.uk/council-and-democracy/consultations/latest-consultations/currently-funded-voluntary-sector/>

The deadline to return completed questionnaires is December 30, 2011.

### **Showcase of disability sport commemorates one year until the Paralympic Games**

A showcase of disability sport was held during the Chesterfield FC vs Carlisle United match on September 17 and the Derby County FC vs Barnsley FC match on September 27 to commemorate one year until the Paralympic Games in London.

At Chesterfield's b2net Stadium, Chesterfield Inclusive Football Club completed a training session on the pitch at half-time, and spectators were given a blind football demonstration led by Sam Turner from Derbyshire FA.

Chesterfield's six disability sport clubs were promoted on the day, with information included in the match day programme and in leaflets which were handed out to supporters.

At Derby's Pride Park Stadium, players from the East Midlands Centre of Excellence for Cerebral Palsy squad gave a demonstration on the pitch before the match, and there was also a blind football demonstration.

The events were aimed at increasing public awareness of disability sport and the local clubs, groups and coaching sessions which are on offer for people with a disability.

### **Win for Robert Abraham at Derbyshire Schools' Sports Association Sports Awards**

15-year-old Robert Abraham, from Ecclesbourne School, won the Disability Sportsman of the Year award at the Derbyshire Schools' Sports Association Sports Awards.

His achievements include winning silver and bronze at the National Junior and Youth Swimming Championships. He was one of the youngest competitors at the Welsh Athletics Senior Championships, and won gold and silver at the Nationwide Junior Athletic Championships.

Robert was also among those to be presented with a John Bainbridge Award Grant of £50. Other recipients included disability swimmer Sophie Longhurst and wheelchair racer Cameron McLean. [Read more](#)

### **Paralympic hopeful receives donation from local businessman**

Paralympic hopeful Cameron McLean has been presented with a cheque for £2,175 from Felix Frixou of

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Benz Bavarian towards the purchase of his own racing wheelchair.

Cameron, from Ecclesbourne School, was talent spotted at a Playground to Podium event last year, and is now training hard with the aim of competing in wheelchair racing at the 2016 Paralympic Games.

Since taking up wheelchair racing Cameron has been using borrowed equipment, but in order to perform to his full potential he needs his own specially adapted racing wheelchair. [Read more](#)



## **National news**

### **Sports participation figures indicate disabled people more active**

New participation figures published by Sport England show an increase in participation among disabled people since 2007/8.

The number of adults with a limiting disability/illness participating three times a week, has increased from 594,500 to 640,600.

Sport England's Chief Executive, Jennie Price, said: "I am encouraged to see an increase in the number of disabled people playing sport." [Read more](#)

### **Remaining Paralympic Games tickets now on sale**

Remaining tickets for the Paralympic Games are now on sale.

Following unprecedented interest, over a million tickets have already been sold. Tickets for unsold sessions can now be purchased online and by phone on a first come, first served basis, using Visa only, until 6pm on Monday, February 6, 2012.

For more details go to [www.tickets.london2012.com](http://www.tickets.london2012.com)

### **David Beckham plays Blind Football**

David Beckham has shown his support in the promotion of blind football and was given a lesson by the prolific Great Britain and England blind footballer, David Clarke.

Both players have excelled in their sport and are great role models representing England over 100 times, with Beckham netting 17 and 'Clarkie' netting an amazing 116 goals.

Dave Clarke, alongside the GB Paralympic Football Squad hopefuls, gave Beckham some tips and demonstrated their skills in a game of Blind Futsal. [Read more](#)

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## In profile

### Ellie Bamber

15-year-old Ellie Bamber, from New Mills, was named the Origination Junior Disabled Sportsperson of the Year at the 2011 Derbyshire Sports Awards, in recognition of her achievements in swimming and boccia.



She was also named Junior Disabled Sportsperson of the Year at the High Peak Community Sports Network Sports Awards.

Ellie Bamber, who has Ehlers–Danlos syndrome, swims with High Peak Sharks, the pan-disability team at Glossop Amateur Swimming Club.

Ellie won two gold medals and two silvers at the DSE Swimming Open Championships, and three gold and three silver at the Junior Championships.

She finished first in her age group in the British Long Distance Postal Swim, and second in her classification at the DSE Junior National Boccia Championships.

In October Ellie competed at the DSE North West Disability Regional Swimming Championships, where she won gold in the ladies multi disability 100m backstroke, silver in the ladies multi disability 50m backstroke and 100m IM, and bronze in the ladies multi disability 50m breaststroke.

Ellie trains four times a week, and also trains with the North West Disability Swim Squad once a month.

She is also a mentor and coach for High Peak Sharks Swimming Club, set up the Sharks' boccia team and delivers boccia taster sessions to Brownies, Guides and schools.

In 2010 she was named High Peak School and Sport Partnership Young Sports Leader of the Year for her coaching and leadership work.



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## Events

### Workshop - Inclusive Coaching: Disability - sports coach UK

January 26, 2012

Clowne College

For more details go to [www.derbyshiresportcoursesearch.co.uk](http://www.derbyshiresportcoursesearch.co.uk)

### Workshop - How to Coach Disabled People in Sport

March 13, 2012

Queens Park Cricket Pavilion, Chesterfield

For more details go to [www.derbyshiresportcoursesearch.co.uk](http://www.derbyshiresportcoursesearch.co.uk)

### Summer Games Plus (DSSA Competition Plus)

July 10, 2012

For more information contact James Cook on 01773 571223 or [james.cook@derbyshire.gov.uk](mailto:james.cook@derbyshire.gov.uk)

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## Funding opportunities

### Derbyshire County Council Sport Action Grant

Funding Available: Up to £1,000

Deadlines: Round One closes on December 12, 2011. Round Two closes on May 14, 2012, and Round Three closes on September 10, 2012.



Derbyshire County Council's Sport Action Grant fund is to encourage clubs and community groups to promote healthy and active lifestyles. Sports clubs and local community groups can apply for grants of up to £1,000 to help them provide activities that:

- Encourage more people to take part in sport and physical activities
- Promote healthy and active lifestyles
- Encourage volunteering within sport

Application forms and further information can be found at [www.derbyshire.gov.uk/sportsactiongrant](http://www.derbyshire.gov.uk/sportsactiongrant)

### Boost Charitable Trust

Funding Available: Grants are categorised into small awards (£500 or less) and large awards (over £500).

Deadlines: Rolling programme

The Trust supports charities or non-profit making organisations with a focus on sport. All of its activities are designed to champion the disabled and disadvantaged and to inspire them to overcome their challenges through the power of sport.

For more information visit [www.boostct.org](http://www.boostct.org)

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## Clubs

### The Winning Mentality Initiative

The Winning Mentality Initiative provides football sessions, available to people in Derbyshire to promote their mental health. All of the clubs provide players the opportunity to participate and improve their skills, confidence and motivation. The clubs also provide the opportunity to develop social skills within a safe environment under the supervision of qualified and knowledgeable staff. Sessions run on a weekly basis with monthly festivals/competitions around the county:



Derby City

Derwent Valley Rovers FC

Thursdays 1.30pm - 2.30pm

Power League Soccer Dome, Pride Park Derby

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01332 667575

[sam.turner@dcfc.co.uk](mailto:sam.turner@dcfc.co.uk)

South Derbyshire

Bank House FC

Thursdays 2pm – 3pm

Greenbank Leisure Centre, Swadlincote

01283 222881

[bankhouseoffice@btconnect.com](mailto:bankhouseoffice@btconnect.com)

Amber Valley

Under development, please register your interest 01332 667575 [sam.turner@dcfc.co.uk](mailto:sam.turner@dcfc.co.uk)

Erewash

Erewash Valley Valliants FC

Mondays 4.15pm - 5.15pm

Friesland Leisure Centre, Sandiacre

[dave.nunn@derbysmhservices.nhs.uk](mailto:dave.nunn@derbysmhservices.nhs.uk)

Chesterfield

Chesterfield WMI FC

Thursdays 11am – 12pm

Queens Park Sports Centre, Chesterfield

07840 484429

[andymorris@chesterfield-fc.co.uk](mailto:andymorris@chesterfield-fc.co.uk)

For more information go to [www.dcitcommunity.com/disability/winning-mentality.html](http://www.dcitcommunity.com/disability/winning-mentality.html)

### **High Peak Sharks**

High Peak Sharks are the pan-disability team of Glossop ASC. We welcome all disabilities and all ages.

Within the team our members have a range of learning and physical disabilities such as:

- Needing extra help at school and/or having a statement of Special Educational Needs
- Autism
- Downs Syndrome
- Dyspraxia
- Cerebral Palsy
- Hypermobility Syndrome.

If you need one-to-one assistance in the water please contact us so that we can accommodate your needs. Non-disabled siblings of disabled children are welcome to join our Saturday sessions with other GASC members and can take part in some home and away galas.

Contact Nicola Bamber on [japenbamber@talk21.com](mailto:japenbamber@talk21.com), Vanesa Baggott on [vanesa2uk@yahoo.co.uk](mailto:vanesa2uk@yahoo.co.uk) or Alice Wright on [alice.wright11@btinternet.com](mailto:alice.wright11@btinternet.com).

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### **Derby Wheelblazers**

Offers the opportunity for people of all abilities to get into sport and social activities. Membership (following a number of free taster sessions) is £20 per month.

Activities at the club include everything from basic basketball and confidence skills through to playing in the national league. We have strong programmes for those that want to play competitively and those with more restrictive impairments who might perhaps be more interested in the social side of the club. We also have a great childrens programme and welcome both disabled and non disabled players - including families.

Email [blazers@derbywheelblazers.com](mailto:blazers@derbywheelblazers.com) or call 07875 416513.

### **Splash Fit**

Unit 8, Perkins Yard, Mansfield Rd, Derby, DE21 4AW

Community fitness club which includes an open-plan gym, combat gym and pool which are all accessible to people with disability needs. The pool is a private heated endless pool with a built-in hoist. Added extras such as water toys and light projectors are also available to encourage engagement.

Visit [www.splashfit.co.uk](http://www.splashfit.co.uk) or call 07791665141

### **Hilton Harriers Football Club**

Football Disability sessions

Thursdays 6pm-7pm

Etwall Leisure Centre

50p per session

Contact Maxine Harlow on 01283 733396

### **Midway Football Club**

Football Disability sessions

Tuesdays 5:30pm - 6:30pm

Pingle School

Contact Sarah Parker on 07989344601

### **Rebound Therapy Sessions**

St. Philip Howard Sports Centre, Glossop,

Saturdays 9am – 11.45am

1:1 sessions are available in 15 minutes slots

Buxton Community School, Buxton

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Mondays 7.30pm – 8.25pm

Group based session for young people and adults with disabilities and additional needs Booking is essential. [www.highpeaktrampolining.co.uk](http://www.highpeaktrampolining.co.uk)

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## **Inclusive Fitness Initiative**

Derbyshire's accredited IFI sites are:

Alfreton Leisure Centre (Provisional Level)

Tel: 01773 523325

Buxton Community School

Tel: 01298 23122

Chesterfield College Fitness Suite

Tel: 01246 500579

Chesterfield Fitness First (Provisional Level)

Tel: 01246 276644

Chesterfield Healthy Living Centre (Provisional Level)

Tel: 01246 345666

Derby College Fitness Centre

Tel: 01332 387452

Etwall Leisure Centre (Provisional Level)

Tel: 01283 733348

Queen's Leisure Centre (Provisional Level)

Tel: 01332 641444

Ripley Leisure Centre (Pilot Level)

Tel: 01773 514727

Springwood Leisure Centre (Registered Level)

Tel: 01332 664433

William Gregg VC Leisure Centre (Provisional Level)

Tel: 01773 537940



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## **Useful contacts**

Derbyshire Sport Disability Sport Officer James Cook – 01773 571223 or

[James.Cook@Derbyshire.gov.uk](mailto:James.Cook@Derbyshire.gov.uk)

Derby City Council Disability Participation Officer Mark Dolman - 01332 641236 or

[mark.dolman@derby.gov.uk](mailto:mark.dolman@derby.gov.uk)

Disability Football Development Officer Sam Turner – 01332 667575 or [sam.turner@dcfc.co.uk](mailto:sam.turner@dcfc.co.uk)

If you have anything you would like to see featured in future editions of this e-newsletter please contact Derbyshire Sport Marketing and Communications Assistant Nikki Sargeson on

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[nikki.sargeson@derbyshire.gov.uk](mailto:nikki.sargeson@derbyshire.gov.uk)

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