

# Derbyshire Children's Centre at New Mills

We are running the following sessions at New Mills Children's Centre  
Spring Bank, New Mills, High Peak, Derbyshire, SK22 4AZ  
Tel no 01629 533000

Day	Session	Time
<b>Monday</b>	Childminding Group** Jelly Babies	9am – 12pm 10.30am – 12.00pm
<b>Tuesday</b>	Sensory Play (Special Educational Needs)* Baby Massage* Breast Feeding Support Group (Once a month)** STAR - Story Time Action & Rhyme Sensory Play (Young Parents Group, under 24 yrs) *	10am – 11am 10am – 11am 11am – 12pm 1.30pm – 2.30pm 2pm – 3pm
<b>Wednesday</b>	Stay & Play Baby Massage @ New Mills Clinic* Antenatal Clinic** Kids Can Cook* Together Time PEEPS Babies & Ones*	10am – 12pm 12.30pm – 1.30pm 1pm – 3.40pm 2pm – 3pm 2pm – 3pm
<b>Thursday</b>	Messy Play Postnatal Group** Young Women's Group** Stay & Play @ St Georges School (term time)	10am – 11am 10am – 11.30am 12.30pm – 3pm 1pm – 3pm
<b>Friday</b>	Sensory Play* Healthy Active Tots Walking Group (every other week)	9.30am – 11am & 1.30pm – 3pm 10am – 11am 1pm

All of the above sessions are running throughout the year excluding sessions held at St Georges.

\*Please ring to book your place \*\*Please ring for dates and more information.

Tel no 01629 533000

Health services

Job Centre Plus

Money matters

Housing advice

Family support

Nursery education

Childcare

### Healthy Active Tots – H.A.T.S 0 – 5 years

A physical play session for under 5's for children to build their confidence using soft play equipment, climbing frames and balancing beams. 50p per family per session.

### Messy Play 0 – 5 years

An opportunity for children aged 0 – 5 years to investigate and explore a range of activities including sand, water, paint and glue. 50p per family per session.

### Breastmates Volunteer

We are local mums who have breastfed and been trained to offer you support and information.

### Kids Can Cook 2 - 4 years

An opportunity for children to learn to use basic tools and equipment whilst experimenting with food. A 6 week course that must be booked in advance due to limited places. £1.00 per family per week.

### Baby Massage 8 weeks – 1 year

Parents are taught the art of gentle massage with their baby in small, relaxing groups. Suitable for babies from 8 weeks – crawling. A 5 week course that must be booked in advance due to limited places. £4.00 per course.

### Stay and Play 0 – 5 years

A fun session for pre-school children and babies which includes a craft activity, sand, water, play doh, small world toys and much, much more. We meet Thursday afternoon in St. Georges Nursery class, term time only, and Wednesday mornings in New Mills Children's Centre which runs all year round. 50p per session, drop in no need to book.

### Sensory Sessions.

A room devoted to sensory experiences with fibre optics, bubble tubes, visual effects, UV reactive equipment, wall mount activities and soft play area. Suitable for birth +. A calming exploratory session for children and parents alike. Groups are able to book sessions in this room or attend the Sensory sessions held on a Tuesday & Friday which must be booked in advance.

### Pushchair walking Group [Please ring for next walk meeting point](#)

A great way to meet new friends, discover the local area and get active too. Open to any child and parent/carer. Walks are push chair friendly every 2 weeks in local area, for info on next walk please contact centre.

### Jelly Babies 0 – 18months

An informative 4 weekly session for parents while babies are able to explore using their senses whilst participating in physical play activities. 0 – 18 months, 50p per family per week.

### S.T.A.R. - Story time, Action & Rhyme 2 – 5 yrs

This session is to include Stories, nursery rhymes, music and action songs, activities games and lots more. This session will be for children aged 2-5yrs and will help to promote self confidence, communication and social skills in a fun and educational way.

### Together Time Peeps Babies & Ones

Share ideas with other parents/carers, learn songs to sing with your baby and learn about your child's development. Please ring the centre to book your place.